



Introduction to Abnormal Psychology – PSYC 240

University Studies Program

Course Outline

COURSE IMPLEMENTATION DATE: Pre 98
OUTLINE EFFECTIVE DATE: September 2018
COURSE OUTLINE REVIEW DATE: April 2023

GENERAL COURSE DESCRIPTION:

This course is an introduction to the research, history, and theories of abnormal psychology. A major emphasis in the course is to examine selected categories of psychological disorders such as anxiety, depression, schizophrenia, personality disorders, eating disorders, and substance use disorders. Additional topics may include diagnostic classification, the impact of health and stress on psychological functioning, understanding abnormality, and therapies.

Program Information: This course can be used as an elective in several University Studies Programs. Refer to the College Program Guide for additional information.

Delivery: This course is delivered in a face-to-face format.

COTR Credits: 3

Hours for this course: 45 hours

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	45
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	
Other Contact Hours	
Total	45

Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	N/A
Total	0

Course Outline Author or Contact:

Jan White, B.A., Ph.D.

Signature

APPROVAL SIGNATURES:

Department Head
Erin Aasland Hall
E-mail: aaslandhall@cotr.bc.ca

Dean of Business and University Studies
Darrell Bethune
E-mail: bethune@cotr.bc.ca

Department Head Signature

Dean Signature

EDCO

Valid from: September 2018 – April 2023

Education Council Approval Date

COURSE PREREQUISITES AND TRANSFER CREDIT:

Prerequisites: A minimum grade of C- (55%) in both PSYC 101 and PSYC 102

Corequisites: None

Flexible Assessment (FA):

Credit can be awarded for this course through FA Yes No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>

Students should also contact an academic advisor at the institution where they want transfer credit.

Prior Course Number: N/A

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbook was in use:

Comer, R. J. & Comer, J.S. (2018). *Abnormal Psychology* (10th ed.). New York, NY: Worth Publishers.

Please see the instructor's syllabus or check COTR's online text calculator <http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.

LEARNING OUTCOMES:

Upon the successful completion of this course, students will be able to:

- explain abnormality, its theory, history, and nature
 - discuss knowledgeably the major categories and types of psychological disorders
 - think critically about issues surrounding abnormal psychology
 - identify myths and stereotypes about psychological disorders
 - demonstrate an appreciation for diverse perspectives on the concept of abnormality
 - use written and oral communication skills effectively, employing methods appropriate to message and context
 - think clearly, fusing experience, knowledge, and reasoning into considered judgment
 - identify, interpret, and solve problems, effectively implementing and evaluating proposed strategies
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COURSE TOPICS:

- History of abnormal psychology
- Research in abnormal psychology
- Models of abnormality
- Clinical assessment, diagnosis, and treatment
- Classification issues
- Psychological disorders (e.g., schizophrenia spectrum and other psychotic disorders, bipolar and related disorders, depressive disorders, anxiety disorders, obsessive compulsive and related disorders, trauma- and stressor-related disorders, substance-related and addictive disorders, dissociative disorders, somatic symptom and related disorders, feeding and eating disorders, personality disorders, gender dysphoria, etc.)

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

EVALUATION AND ASSESSMENT:

Assignments	% Of Total Grade
Essays/Assignments	30%
Class Participation	10%
Midterm Exams/Quizzes	40%
Final Exam	<u>20%</u>
Total	100%

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, and the use of electronic aids.

EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

COURSE GRADE:

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	C	C-	D	F
Mark (Percent)	≥90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	< 50

A grade of "D" grants credit, but may not be sufficient as a prerequisite for sequential courses.

ACADEMIC POLICIES:

See www.cotr.bc.ca/policies for general college policies related to course activities, including grade appeals, cheating and plagiarism.

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment, and marketing needs. The instructor will endeavour to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.