



## Interpersonal Communications – PSYC 151

### University Studies Program

### Course Outline

COURSE IMPLEMENTATION DATE: Pre 1998  
OUTLINE EFFECTIVE DATE: September 2020  
COURSE OUTLINE REVIEW DATE: April 2025

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#### GENERAL COURSE DESCRIPTION:

This course provides an overview of interpersonal communication theory and principles, balanced with practical suggestions on how students can apply these principles to become better communicators. In addition to becoming more self-aware, this course aims to help students understand the importance of considering the thoughts, needs, feelings, and values of others on their journey to become more effective communicators.

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**Program Information:** This course can be used as an elective in some University Studies Programs. Refer to the College Program Calendar for additional information.

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**Delivery:** This course is delivered in a face-to-face format.

**COTR Credits:** 3

**Hours for this course:** 45 hours

#### Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	45
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	
Other Contact Hours	
<b>Total</b>	45

#### Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	N/A
<b>Total</b>	N/A

**Course Outline Author or Contact:**

Tara Ramdin, BA, MA

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Signature

**APPROVAL SIGNATURES:**

Department Head  
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Department Head Signature

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Dean Signature

EDCO

Valid from: September 2020 – April 2025

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Education Council Approval Date

**COURSE PREREQUISITES AND TRANSFER CREDIT:**

**Prerequisites:** Minimum 65% in either English 12, English Studies 12, English First Peoples 12, ENGL 090, or equivalent (refer to Course Equivalency information on the College Website).

**Corequisites:** None

**Flexible Assessment (FA):**

Credit can be awarded for this course through (FA)  Yes  No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

**Transfer Credit:** For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>

Students should also contact an academic advisor at the institution where they want transfer credit.

**Prior Course Number:** N/A

## **Textbooks and Required Resources:**

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbook was recommended:

Beebe, S.A., Beebe, S.J., & Redmond, M. (2017). *Interpersonal Communication: Relating to Others* (8th ed.). Toronto, ON: Pearson Canada.

Please see the instructor's syllabus or check COTR's online text calculator <http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.

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## **LEARNING OUTCOMES:**

Upon the successful completion of this course, students will be able to:

- discuss knowledgeably the major theories and topics in the field of interpersonal communication;
  - think critically about interpersonal communication research and findings;
  - apply interpersonal communication theories to explain human behavior;
  - apply effective communication skills to real-life relationships;
  - discuss issues around inter-cultural communication and social diversity;
  - demonstrate a tolerance for varying perspectives;
  - use written and oral communication skills effectively, employing methods appropriate to message and context;
  - think clearly, fusing experience, knowledge, and reasoning into considered judgment; and
  - identify, interpret and solve problems, effectively implementing and evaluating proposed strategies.
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## **COURSE TOPICS:**

- Interpersonal Communication and the Self
- Interpersonal Communication and Perception
- Interpersonal Communication and Diversity
- Listening and Responding
- Verbal Communication Skills
- Nonverbal Communication Skills
- Technology in Interpersonal Communication
- Conflict Management Skills
- Understanding Interpersonal Relationships
- Managing Relationship Challenges
- Friendship and Romance
- Family and the Workplace

*See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.*

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**EVALUATION AND ASSESSMENT:**

Assignments	% Of Total Grade
Class Participation	10%
Assignments	30%
Midterm Exams (2 @ 20% each)	40%
Final Exam	<u>20%</u>
Total	100%

*Please see the instructor syllabus for specific classroom policies related to this course, such as breakdown of evaluation, penalties for late assignments, and the use of electronic aids.*

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**EXAM POLICY:**

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

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**COURSE GRADE:**

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	C	C-	D	F
Mark (Percent)	≥ 90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	≤ 50

A grade of "D" grants credit, but may not be sufficient as a prerequisite for sequential courses.

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**ACADEMIC POLICIES:**

See [www.cotr.bc.ca/policies](http://www.cotr.bc.ca/policies) for general college policies related to course activities, including grade appeals, cheating and plagiarism.

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**COURSE CHANGES:**

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment, and marketing needs. The instructor will endeavour to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.