



## Health Promotion 4 – PPNP 214

### Practical Nursing Program

#### Course Outline

COURSE IMPLEMENTATION DATE: September 2013  
OUTLINE EFFECTIVE DATE: September 2023  
COURSE OUTLINE REVIEW DATE: March 2028

---

#### GENERAL COURSE DESCRIPTION:

This course focuses on health promotion in the context of caring for clients experiencing an acute exacerbation of chronic illness or an acute episode of illness. It also examines health promoting strategies during hospitalization to improve or help maintain clients' health status after discharge occurs. Topics also include how to prepare clients for discharge from care through teaching and learning of health promoting strategies.

---

**Program Information:** This course is one of six courses required in Level 4 of the Practical Nursing program. Satisfactory completion of this course is required to complete the program.

---

**Delivery:** This course is delivered face to face.

**COTR Credits:** 2

**Hours for this course:** 24 hours

#### Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	24
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	
Other Contact Hours	
<b>Total</b>	<b>24</b>

#### Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	N/A
<b>Total</b>	<b>N/A</b>

**Course Outline Author or Contact:**

Natasha Fontaine RN, BN, PID

\_\_\_\_\_  
Signature

**APPROVAL SIGNATURES:**

Department Head  
Sandi Hill  
E-mail: [shill@cotr.bc.ca](mailto:shill@cotr.bc.ca)

Dean of Health and Human Services  
Heather Hepworth  
E-mail: [hepworth@cotr.bc.ca](mailto:hepworth@cotr.bc.ca)

\_\_\_\_\_  
Department Head Signature

\_\_\_\_\_  
Dean Signature

EDCO

Valid from: September 2023 - March 2028

\_\_\_\_\_  
Education Council Approval Date

**COURSE PREREQUISITES AND TRANSFER CREDIT:**

**Prerequisites:** Successful completion of all Level 3 courses and PPNP 206.

**Corequisites:** PPNP 211, PPNP 212, PPNP 213, PPNP 215

**Flexible Assessment (FA):**

Credit can be awarded for this course through FA

Yes  No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

**Transfer Credit:** For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

**Prior Course Number:** PNUR 404 ⇒⇒ PPNP 214

**Date changed:** September 2012

## **Textbooks and Required Resources:**

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Astle, B. J & Duggleby, W. (2019). *Canadian Fundamentals of Nursing*. (6<sup>th</sup> ed.). Elsevier Canada.

Pollard, C. L. & Jakubec, S. L. (2023). *Varcarolis's Canadian psychiatric mental health nursing: A clinical approach*. (3rd Canadian ed.). Elsevier Inc.

Stromberg, H. K. (2021). *Medical-surgical nursing: Concepts and practice*. (4<sup>th</sup> ed.). Elsevier Inc.

Please see the instructor's syllabus or check COTR's online text calculator <http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.

---

## **LEARNING OUTCOMES:**

Upon the successful completion of this course, students will be able to

- formulate teaching strategies to manage or improve client health;
  - discuss health promotion approaches in acute care settings and in relation to discharge planning;
  - explain use of screening tools for early detection of illness;
  - identify and explain which immunizations are important for clients experiencing acute illness;
  - identify culturally safe, culturally informed and appropriate health promotion materials;
  - explain the continuum of care;
  - explain the discharge planning process;
  - examine and explore appropriate teaching and learning strategies to prepare clients for discharge;
  - explain harm reduction strategies for acute care clients at risk;
  - evaluate trauma-informed practice within acute care settings; and
  - evaluate LGBTQ2 needs for discharge teaching.
- 

## **COURSE TOPICS:**

- Risk management strategies
- Early detection of illness through screening
- Client teaching and learning
- Culturally appropriate and relevant learning strategies
- Continuum of care (pre-admission and discharge planning)
- Harm reduction
- Trauma-informed practice in acute care settings
- Acute LGBTQ2 care
- Cultural safety and cultural humility in acute care

See instructor syllabus for the detailed outline of weekly readings, activities and assignments.

---

## EVALUATION AND ASSESSMENT: Face to Face Delivery

Assignments	% Of Total Grade
Assignment A	35%
Assignment B	30%
Comprehensive Exam	<u>35%</u>
Total	100%

No rewrites will be granted for any assignments or exams within this course.

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and use of electronic aids.

---

### Student Attendance/Absence:

- As adult learners, students are expected to attend all classes. Attendance is taken as a means of monitoring student success. In the event of illness or other unavoidable cause of absence, the student should notify the appropriate instructor as soon as possible.
- Students must attend all clinical/preceptorship experiences. If illness or other unavoidable absence occurs the student must notify the appropriate instructor prior to the time s/he is expected.
- Unexcused/excessive absences from clinical/preceptorship may mean students must withdraw from the program.

### Written Assignments:

- When a client/patient is referenced in an assignment, students must only use the term client or patient. No identifying markers (e.g. names, initials, room number, etc.) are to be used. Late assignment: a 15% penalty will be applied for each day past due date for late submissions. If any assignment is more than three (3) days late it will be assigned a grade of "0".
- 

### EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

---

## COURSE GRADE:

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	F
Mark (Percent)	≥ 95	94-90	89-85	84-80	79-75	74-70	69-65	< 65

---

## ACADEMIC POLICIES:

See [www.cotr.bc.ca/policies](http://www.cotr.bc.ca/policies) for general college policies related to course activities, including grade appeals, cheating and plagiarism.

---

## COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor endeavours to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.

---

This material represents a component of the 2011 Practical Nursing curriculum 2nd Revised Edition (2017) collaboration by participating institutions within the public post-secondary education system. Any total or partial reproduction of this product by any means is prohibited without written permission from all of the participating colleges.