



Health Promotion 3 – PPNP 204 Practical Nursing Program

Course Outline

COURSE IMPLEMENTATION DATE: September 2013
OUTLINE EFFECTIVE DATE: September 2023
COURSE OUTLINE REVIEW DATE: March 2028

GENERAL COURSE DESCRIPTION:

This course is focused on health promotion as it relates to the continuum of care across the lifespan. Health promotion in the context of mental illness, physical and developmental disabilities and maternal/child health is highlighted. Normal growth and development from conception to middle adulthood is addressed.

Program Information: This course is one of six courses required in Level 3 of the Practical Nursing program. Satisfactory completion of this course is required to progress to the next level.

Delivery: This course is delivered face to face.

COTR Credits: 3

Hours for this course: 36 hours

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	36
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	
Other Contact Hours	
Total	36

Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	
Formal Work Experience	
Other	
Total	N/A

Course Outline Author or Contact:

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Signature

APPROVAL SIGNATURES:

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Department Head Signature

Dean Signature

EDCO

Valid from: September 2023 – March 2028

Education Council Approval Date

COURSE PREREQUISITES AND TRANSFER CREDIT:

Prerequisites: Successful completion of all Level 2 courses and PPNP 117.

Corequisites: PPNP 201, PPNP 202, PPNP 203, PPNP 205.

Flexible Assessment (FA):

Credit can be awarded for this course through FA

Yes No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

Prior Course Number: PNUR 304 ⇔⇔ PPNP 204

Date changed: September 2012

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Astle, B. J & Duggleby, W. (2019). *Canadian Fundamentals of Nursing*. (6th ed.). Elsevier Canada.

Keenan-Lindsay, L. (2020). *Introduction to maternity and pediatric nursing in Canada*. (1st ed.). Elsevier Inc.

Pollard, C. L. & Jakubec, S. L. (2023). *Varcarolis's Canadian psychiatric mental health nursing: A clinical approach*. (3rd Canadian ed.). Elsevier Inc.

Scanlon, V.C. & Sanders, T. (2019). *Essentials of anatomy and physiology*. (8th ed.). F.A. Davis Company

Stromberg, H. K. (2021). *Medical-surgical nursing: Concepts and practice*. (4th ed.). Elsevier Inc.

Please see the instructor's syllabus or check COTR's online text calculator <http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.

LEARNING OUTCOMES:

Upon the successful completion of this course, students will be able to

- identify normal patterns of growth and development from conception to middle adulthood;
 - provide examples of public health services available to pregnant women in the community;
 - describe health promoting strategies for the postpartum client and newborn;
 - provide examples of mental health/illness services available to clients in the community;
 - describe how culture may impact utilization of mental health resources;
 - compare the level of health services from urban to rural areas;
 - explore examples of harm reduction activities;
 - discuss disparities in the delivery of community health services in BC including LGBTQ2 care;
 - identify and describe health promotion activities for clients living with mental illness and those living with disabilities;
 - give examples of teaching and learning strategies for care in the community;
 - discuss the impact of immunization in health promotion; and
 - analyze the impact of cultural safety and trauma-informed practice to support mental health.
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COURSE TOPICS:

- Normal growth and development - conception to middle adulthood
- Continuum of care for maternal/child health client
- Teaching and learning
- Continuum of care for clients experiencing mental illness
- Substance Abuse
- Health promotion strategies for clients with mental illness and physical or developmental disabilities
- Promotion of safety for clients experiencing mental illness
- Families experiencing violence

- Public health services
- Resource allocation/inequities
- Illness prevention: Immunization
- Harm reduction
- Normal physiological changes related to pregnancy
- Principles of trauma in formal practice
- Cultural safety across the continuum of care
- LGBTQ2 care

See instructor’s syllabus for the detailed outline of weekly readings, activities and assignments.

EVALUATION AND ASSESSMENT:

Assignments	% Of Total Grade
Assignment(s)	30%
Exam #1	35%
Final Exam	35%
Total	100%

No re-writes will be granted for any assignments or exams within this course.

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and use of electronic aids.

Student Attendance/Absence

- As adult learners, students are expected to attend all classes. Attendance is taken as a means of monitoring student success. In the event of illness or other unavoidable cause of absence, the student should notify the appropriate instructor as soon as possible.
- Students must attend all clinical/preceptorship experiences. If illness or other unavoidable absence occurs the student must notify the appropriate instructor prior to the time s/he is expected.
- Unexcused/excessive absences from clinical/preceptorship may mean students must withdraw from the program.

Written Assignments

- When a client/patient is referenced in an assignment, students must only use the term client or patient. No identifying markers (e.g. names, initials, room number, etc.) are to be used.
- Late assignment: a 15% penalty will be applied for each day past due date for late submissions. If any assignment is more than three (3) days late it will be assigned a grade of “0”.

EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

COURSE GRADE:

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	F
Mark (Percent)	≥ 95	94-90	89-85	84-80	79-75	74-70	69-65	< 65

ACADEMIC POLICIES:

See www.cotr.bc.ca/policies for general college policies related to course activities, including grade appeals, cheating and plagiarism.

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor endeavours to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.

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