



## Variations in Health 3 – PPNP 203 Practical Nursing Program

### Course Outline

COURSE IMPLEMENTATION DATE: September 2013  
OUTLINE EFFECTIVE DATE: September 2018  
COURSE OUTLINE REVIEW DATE: March 2023

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#### GENERAL COURSE DESCRIPTION:

This course focuses on the continuum of care and the development of knowledge related to health challenges managed in the community setting. Pathophysiology and nursing care of clients requiring home health care, rehabilitation and supportive services in the community are explored. As well, cultural diversity in healing approaches are explored along with the incorporation of evidence informed research and practice.

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**Program Information:** This course is one of six courses required in Level 3 of the Practical Nursing program. Satisfactory completion of this course is required to progress to the next level.

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**Delivery:** This course is delivered face to face.

**COTR Credits:** 3

**Hours for this course:** 45 hours

#### Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	45
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	
Other Contact Hours	
<b>Total</b>	45

#### Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	N/A
<b>Total</b>	N/A

**Course Outline Author or Contact:**

Natasha Fontaine, RN, BN, PIDP

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Signature

**APPROVAL SIGNATURES:**

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Department Head Signature

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Dean Signature

EDCO

Valid from: September 2018 – March 2023

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Education Council Approval Date

**COURSE PREREQUISITES AND TRANSFER CREDIT:**

**Prerequisites:** Successful completion of Level 2 coursework and PPNP 117.

**Corequisites:** PPNP 201, PPNP 202, PPNP 204, PPNP 205.

**Flexible Assessment (FA):**

Credit can be awarded for this course through FA  Yes  No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

**Transfer Credit:** For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

**Prior Course Number:** PNUR 303 ⇔⇔ PPNP 203

**Date changed:** September 2012

## Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Halter, M. J. (2019). *Varcarolis's Canadian psychiatric mental health nursing: A clinical approach* (2<sup>nd</sup> Canadian ed.). Toronto, ON: Elsevier Saunders

deWit, S.C., Stromberg, H.K., & Dallred, C.V. (2017). *Medical-surgical nursing: Concepts and practice* (3<sup>rd</sup> ed.). St. Louis, MO: Elsevier Saunders

Drug guide of choice

Please see the instructor's syllabus or check COTR's online text calculator <http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.

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## LEARNING OUTCOMES:

Upon the successful completion of this course, students will be able to

- describe the use of the DSM 5 in classification of mental illness;
  - explain several models of psychosocial rehabilitation and recovery;
  - describe physiologic alterations expected in the post-partum client;
  - describe the pathophysiology and nursing management of selected childhood illnesses and disabilities;
  - describe the pathophysiology and nursing management of clients with selected mental illness across the lifespan;
  - analyze how culture and cultural safety impact health and healing;
  - identify holistic healing practices associated with chronic illness;
  - describe resources for evidence informed research and practice in delivering care in the context of clients accessing care in community settings;
  - discuss the stigma associated with living with mental illness or physical and/or developmental disability;
  - describe the continuity of care for clients experiencing addiction/s and or concurrent disorders; and
  - discuss interprofessional collaboration roles when working with mental health teams.
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## COURSE TOPICS:

- Physiologic alterations associated with mental illness
- Recognition and presentation of common acute/chronic behaviours associated with mental illness
- Nursing management of common acute/chronic mental illness
- Nursing management, including assessment (holistic assessment, data collection including lab values and diagnostics); pharmacology; identification of real/potential problems; nursing diagnoses; planning of specific nursing interventions; implementing culturally safe care; evaluation of care; interprofessional collaboration; health promotion; client teaching.
- Cycle of addiction
- Psychosocial rehabilitation

- Physiologic alterations of pregnancy
- Recognition and presentation of common conditions associated with pregnancy
- Disabilities in the pediatric population
- Traditional healing practices associated with mental illness and maternal and child health
- Cultural diversity in health and healing
- Evidence informed research and practice-best practice guidelines

*See instructor syllabus for the detailed outline of weekly readings, activities and assignments.*

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**EVALUATION AND ASSESSMENT:**

Assignments	% Of Total Grade
Competency-based Quizzes	30%
Case Studies	30%
Comprehensive Final Exam	<u>40%</u>
TOTAL	100%

*No rewrites will be granted for any assignments or exams within this course.*

*Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, and use of electronic aids.*

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**Student Attendance/Absence**

- As adult learners, students are expected to attend all classes. Attendance is taken as a means of monitoring student success. In the event of illness or other unavoidable cause of absence, the student should notify the appropriate instructor as soon as possible.
- Students must attend all clinical/preceptorship experiences. If illness or other unavoidable absence occurs the student must notify the appropriate instructor prior to the time s/he is expected.
- Unexcused/excessive absences from clinical/preceptorship may mean students must withdraw from the program.

**Written Assignments**

- Assignments about clients must be written using the clients’ INITIALS ONLY.
  - Late assignment: a 15% penalty will be applied for each day past due date for late submissions. If any assignment is more than three (3) days late it will be assigned a grade of “0”.
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**EXAM POLICY:**

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

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**COURSE GRADE:**

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	F
Mark (Percent)	≥ 95	94-90	89-85	84-80	79-75	74-70	69-65	< 65

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**ACADEMIC POLICIES:**

See [www.cotr.bc.ca/policies](http://www.cotr.bc.ca/policies) for general college policies related to course activities, including grade appeals, cheating and plagiarism.

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**COURSE CHANGES:**

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor endeavours to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.

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