



## Nursing Practice 5: Promoting Health and Healing – NURS 315

### Bachelor of Science in Nursing (BSN) Program

### Nursing Practice Course Outline

COURSE IMPLEMENTATION DATE: August 2009  
OUTLINE EFFECTIVE DATE: September 2018  
COURSE OUTLINE REVIEW DATE: March 2023

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#### GENERAL COURSE DESCRIPTION:

This nursing practice experience continues to provide opportunities for learners to develop caring relationships with individuals and families experiencing complex and chronic health challenges while coming to understand their health and healing processes. Learners have the opportunities to practice nursing approaches that accompany this understanding. Learners work with families and individuals in the home and community, in agencies, and in care facilities to incorporate concepts and learning from all the courses in this semester into their nursing practice.

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**Program Information:** This course is required for the third year of the Bachelor of Science in Nursing Program. The materials in this course represent a component of a four-year integrated BSN program jointly.

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**Delivery:** This course is delivered in College and practice settings.

**COTR Credits:** 8

**Hours for this course:** 211 hours

#### Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	
Praxis Seminar	39
Laboratory	
Practicum	169
Other Contact Hours	3
<b>Total</b>	<b>211</b>

#### Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	169
Other	3
<b>Total</b>	<b>172</b>

**Course Outline Author or Contact:**

Candice Estrela, RN MN

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Signature

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**APPROVAL SIGNATURES:**

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Department Head Signature

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Dean Signature

EDCO

Valid from: September 2018 – March 2023

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Education Council Approval Date

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**COURSE PREREQUISITES AND TRANSFER CREDIT:**

**Prerequisites:** Satisfactory completion of semester four and CPE 2 of the BSN program

**Corequisites:** NURS 310 and 313

**Flexible Assessment (FA):**

Credit can be awarded for this course through FA

Yes  No

**Transfer Credit:** For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

**Prior Course Number:** N/A

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## **Textbooks and Required Resources:**

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date, the following textbooks were in use:

There are no specific texts for NURS 315. As this course provides participants with the opportunity to integrate their learning from other semester five courses, the texts needed for NURS 310 and NURS 313 will be used as required in NURS 315: Nursing Practice V. Students should refer to the list of required texts and professional documents listed on those course outlines.

Equipment required for nursing practice; e.g. stethoscope, transfer belt, pen light, Site specific clothing (i.e. nursing uniform or business casual attire)

*Please see the instructor's syllabus or check COTR's online text calculator <http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.*

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## **LEARNING OUTCOMES:**

Upon the successful completion of this course, students will be able to

- integrate and critique their relational practice with individuals and families experiencing complex and chronic health challenges;
  - develop care plans by exploring and developing a range of possible alternatives and approaches for care with patients, family, and other health and/or community professionals
  - display initiative, confidence, self-awareness, and collaborative and respectful interactions within the interprofessional health care team;
  - modify and individualize patient care based on the emerging priorities of the health situation, in collaboration with patients, families, and other members of the interprofessional health care team;
  - establish person-centred goals through shared decision making, problem solving and interprofessional conflict resolution;
  - contribute to team effectiveness with respectful communication and collaboration, demonstrating flexibility, and interprofessional team building abilities;
  - critically appraise and deconstruct how nursing practice is informed by multiple forms of knowledge such as nursing theory, evidence-informed practice, experiential, etc.; and
  - continue in the development of nursing practice through active participation of the construction of knowledge, skills, professionalism and ethics.
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## **COURSE PROCESS:**

Learners develop their professional nursing practice, critical thinking and critical reflection. Practice experiences are supported by seminars, which provide opportunities to examine theories and concepts for discussion, exploration and integration. Praxis involves the examination of the dynamic interplay between theory and practice. Through praxis, participants have opportunities to actively participate in the construction of their own knowledge. Praxis is actualized by critical reflection, journaling and active participation in nursing practice seminars. Faculty also foster exploration of the role of the nurse in relation to the promotion of health and healing.

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## **COURSE CONCEPTS:**

### ***RELATIONAL PRACTICE***

- Connecting across differences
- Critical thinking
- Nursing ethics
- Working in collaboration with a health care team

### ***INQUIRY***

- Teaching/learning
- Critical thinking
- Evidence – informed practice
- Integrating natural science and human science paradigms in practice
- Nursing ethics
- Ways of knowing
- Information technology related to nursing practice
- Praxis

### ***CLIENT***

- Hardiness
- Resilience
- Transitions
- Supporting individuals and families experiencing complex health challenges, crisis, loss
- Palliative care

### ***NURSE***

- Nursing leadership
- Using a decision-making framework in nursing practice for clients experiencing complex health challenges

### ***HEALTH AND HEALING***

- Using a health-promotion framework in working with individuals/families/communities
- Identifying and critiquing health-promotion activities, as in explaining own nursing care
- Integrating natural science and human science paradigms in practice
- Healing initiatives for clients experiencing complex health challenges
- Assisting clients to negotiate the health care system – transferring between agencies etc.

*See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.*

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## EVALUATION AND ASSESSMENT (Face-to-Face Delivery):

Assignments	Grade (Satisfactory/Unsatisfactory)
Assignment 1	Satisfactory/Unsatisfactory
Assignment 2	Satisfactory/Unsatisfactory
Midterm Practice Appraisal Form	Satisfactory/ Unsatisfactory
Presentation	Satisfactory/Unsatisfactory
Practice Appraisal Form	Satisfactory/Unsatisfactory

*Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, resubmission of assignments, and use of electronic aids.*

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## ATTENDANCE AND ASSIGNMENT REQUIREMENTS:

See COTR Nursing Program Admission and Progression Policies

## ADDITIONAL RELEVANT INFORMATION/POLICIES:

1. All learning experiences are mandatory. Students who are unable to attend a scheduled learning event must notify the instructor at the earliest possible opportunity.
  2. Absence from learning experiences, for any reason, may preclude the student being able to meet the requirements for that course. Students who have missed 10% or more of their clinical practice experiences will be evaluated for their eligibility to remain in the program. **(Clinical courses only)**
  3. All assignments must be submitted by the contract date. Assignments in clinical courses will be graded as either satisfactory or unsatisfactory based on assignment evaluative criteria. Extensions will be considered on an individual basis when legitimate circumstances support the student's request, provided the extension is negotiated 48 hours in advance of the due date.
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## EXAM POLICY:

There are no exams in this course.

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## COURSE GRADE:

Course grades are assigned as follows:

COM	Completed to defined standard
NCG	No Credit Granted

Clinical courses are graded COM/NCG. Clinical courses grades are not included in a student's GPA.

To achieve a COM, students must:

- Complete all evaluative components of this course
  - Achieve a level of "satisfactory" on the practice appraisal form
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**ACADEMIC POLICIES:**

See [www.cotr.bc.ca/policies](http://www.cotr.bc.ca/policies) for general college policies related to course activities, including grade appeals, cheating and plagiarism.

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**COURSE CHANGES:**

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor endeavours to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.