



Nursing Practice 4: Promoting Health and Healing – NURS 225

Bachelor of Science in Nursing (BSN) Program

Nursing Practice Course Outline

COURSE IMPLEMENTATION DATE: January 2008
OUTLINE EFFECTIVE DATE: January 2019
COURSE OUTLINE REVIEW DATE: September 2024

GENERAL COURSE DESCRIPTION:

The nursing practice experience continues to provide opportunities for learners to develop caring relationships with individuals and families for the purpose of health promotion, while coming to understand their health and healing processes when experiencing more complex health challenges, both episodic and chronic. Learners will have opportunities to practice nursing approaches that accompany this understanding. Learners work with families and individuals in the home and community, in agencies, and in care facilities to incorporate concepts and learning from all semester's courses into their nursing practice. The community and society are considered as contextual influences on the promotion of health for the individual and family.

Program Information: This is a required course for the second year of the BSN Program. The materials in this course represent a component of a four-year BSN program.

Delivery: This course is delivered in College and practice settings.

COTR Credits: 8

Hours for this course: 211 hours

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	
Praxis Seminar	39
Laboratory	
Practicum	169
Other Contact Hours	3
Total	211

Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	172
Other	
Total	172

*Other Contact Hours:

- Formative and summative evaluation interviews

Course Outline Author or Contact:

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Signature

APPROVAL SIGNATURES:

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EDCO

Valid from: January 2019 – September 2024

Education Council Approval Date

COURSE PREREQUISITES AND TRANSFER CREDIT:

Prerequisites: Satisfactory completion of semester three of BSN program.

Corequisites: NURS 220, 221, and BIOL 228

Flexible Assessment (FA):

Credit can be awarded for this course through FA

Yes No

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

Prior Course Number: N/A

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date, the following textbooks were in use:

There are no specific texts for NURS 225. As this course provides participants with the opportunity to integrate their learning from other semester three and four courses, the texts needed for NURS 210, 213, 215, 220 and NURS 221 will be used as required in NURS 225

Equipment required for nursing practice: stethoscope, pen light, student nursing uniform and shoes.

Please see the instructor's syllabus or check COTR's online text calculator <http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.

LEARNING OUTCOMES:

Upon the successful completion of this course, students will be able to

- demonstrates safe nursing practice through active participation and construction of knowledge, skills, professionalism, and ethics;
 - critically examine the impact of multiple and differing perspectives on patient- and family-centered care in the practice setting;
 - demonstrate awareness of scope of practice;
 - apply shared decision making and problem-solving approaches and;
 - use constructive feedback in the interprofessional setting.
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COURSE PROCESS:

Learners in nursing practice settings continue to learn about professional nursing practice, critical thinking, and critical reflection. Practice experiences are supported by praxis seminars, which provide opportunities to examine theories and concepts for discussion, exploration, and integration. Praxis involves the examination of the dynamic interplay between theory and practice. Praxis is actualized by critical reflection, journaling, and active participation in nursing practice seminars. Practice experiences provide opportunities for learners to develop decision making skills with contextual awareness.

Learners engage in a variety of learning activities. Some activities occur in the nursing laboratory where learners have opportunities to develop health assessment skills that enable them to provide safe nursing care.

COURSE CONCEPTS:

CLIENT

- Family
- Individual

CONTEXT

- Community
- Family
- Growth and Development
- Legalities
- Transitions and Change

HEALTH AND HEALING

- Healing Initiatives
- Health
- Health Promotion

INQUIRY

- Evidence-Informed Practice
- Personal Meaning
- Praxis
- Teaching and Learning
- Ways of Knowing

NURSE

- Accountability
- Assessment
- Decision Making
- Nursing Ethics
- Nursing Knowledge
- Responsibility

RELATIONAL PRACTICE

- Caring (self and client)
- Relational Competence
- Relationship

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

EVALUATION AND ASSESSMENT (Face-to-Face Delivery):

Assignments	Grade (Satisfactory/Unsatisfactory)
Concept Assignment	Satisfactory/Unsatisfactory
Reflective Assignment	Satisfactory/Unsatisfactory
Decision Making for Nursing Practice Assignments	Satisfactory/Unsatisfactory
Math for Nursing Practice test(s)	Satisfactory/Unsatisfactory
Practice Appraisal Form (Midterm)	Satisfactory/Unsatisfactory
Practice Appraisal Form (Final)	Satisfactory/Unsatisfactory

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, resubmission of assignments, and use of electronic aids.

ATTENDANCE AND ASSIGNMENT REQUIREMENTS:

See College of the Rockies Nursing Program Admission and Progression Policies

ADDITIONAL RELEVANT INFORMATION/POLICIES:

1. All learning experiences are mandatory. Students who are unable to attend a scheduled learning event must notify the instructor at the earliest possible opportunity.
 2. Absence from learning experiences, for any reason, may preclude the student being able to meet the requirements for that course. Students who have missed 10% or more of their clinical practice experiences will be evaluated for their eligibility to remain in the program. **(Clinical courses only)**
 3. All assignments must be submitted by the contract date. Assignments in clinical courses will be graded as either satisfactory or unsatisfactory based on assignment evaluative criteria. Extensions will be considered on an individual basis when legitimate circumstances support the student's request, provided the extension is negotiated 48 hours in advance of the due date.
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EXAM POLICY:

There are no exams in this course.

COURSE GRADE:

Course grades are assigned as follows:

COM	Completed to defined standard
NCG	No Credit Granted

Clinical courses are graded COM/NCG. Clinical courses grades are not included in a student's GPA.

To achieve a COM, students must:

- Complete all evaluative components of this course
 - Achieve a level of "satisfactory" on the practice appraisal form
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ACADEMIC POLICIES:

See www.cotr.bc.ca/policies for general college policies related to course activities, including grade appeals, cheating and plagiarism.

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor endeavours to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.