



Professional Practice 2: Introduction to the Discipline of Nursing – NURS 121

Bachelor of Science in Nursing (BSN) Program

Course Outline

COURSE IMPLEMENTATION DATE: January 2008
OUTLINE EFFECTIVE DATE: September 2021
COURSE OUTLINE REVIEW DATE: March 2026

GENERAL COURSE DESCRIPTION:

This course is an introduction to the discipline of nursing. Participants explore the historical development of nursing knowledge and theory as well as contemporary understandings of nursing as a discipline and the body of knowledge that defines it. Relationships between practice, theory and research are explored.

Program Information: This course is required for the first year of the Bachelor of Science in Nursing Program. The materials in this course represent a component of a four-year integrated BSN program.

Delivery: This course is delivered face to face.

COTR Credits: 3

Hours for this course: 42 hours

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	42
PRAXIS	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	
Other Contact Hours	
Total	42

Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	N/A
Total	

Course Outline Author or Contact:

Stephanie Obara, RN, MN

Signature

APPROVAL SIGNATURES:

Department Head
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Department Head Signature

Dean Signature

EDCO

Valid from: September 2021 – March 2026

Education Council Approval Date

COURSE PREREQUISITES AND TRANSFER CREDIT:

Prerequisites: Successful completion of semester one of the first year of the BSN program

Corequisites: NURS 120, NURS 125

Flexible Assessment (FA):

Credit can be awarded for this course through FA

Yes No

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

Prior Course Number: N/A

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

American Psychological Association. (2020). *Publication manual of the American psychological association* (7th ed.).

Chinn, P., & Kramer, M. (2019). *Knowledge development in nursing: Theory and process* (10th ed.). Elsevier.

Davies, B., & Logan, J. (2021). *Reading research: A user-friendly guide for nurses and other health professionals* (7th ed.). Elsevier.

Doane, G. H., & Varcoe, C. (2021). *How to nurse: Relational inquiry in action* (2nd ed.). Wolters Kluwer-Lippincott Williams & Wilkins.

McCleary, L., & McParland, T. (Eds.). (2020). *Ross-Kerr and Wood's Canadian nursing: Issues & perspectives* (6th ed). Elsevier.

Potter, P. A., Perry, A. G., Ross-Kerr, J. C., Stockert, P., Hall, A., Astle, B. J., & Duggleby, W. (Eds.). (2019). *Canadian fundamentals of nursing* (6th ed.). Elsevier.

Please see the instructor's syllabus or check COTR's online text calculator <http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.

LEARNING OUTCOMES:

Upon successful completion of this course, students will be able to

- gain an understanding of nursing as a knowledge-based profession and a beginning awareness of the relationship between knowledge and nursing practice
 - gain an understanding of nursing scholarship and a beginning ability to read and critique research
 - compare and contrast the discipline of nursing to that of other health disciplines
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COURSE TOPICS:

Process:

Praxis is the underlying process that is used in the course. Participants will have the opportunity to critically examine how nurses "know". Beginning from a consideration of oneself as a "knower", participants continue to explore how to become "knowers" within the discipline of nursing, and how to engage as active participants in the development of the growing body of knowledge in nursing. Critical reflection, values, experiences and theory are integrated. Building on previous knowledge, participants develop skill in critical evaluation of knowledge. The intent is that participants engage in an interactive process.

CONCEPTS and SUBCONCEPTS:

NURSE

Nursing Knowledge

- Accessing nursing knowledge
- Knowledge construction – personal and professional
- Historical development of nursing knowledge
- Constructing nursing knowledge
- Knowledge from other disciplines

Nursing Theory

- Metaparadigms

INQUIRY

Teaching/Learning

- Co-learning, co-teaching – in the development of knowledge
- Information literacy

Ways of Knowing

- Empirics, aesthetics, personal, ethical/moral, other
- Embodied knowledge development

Praxis

- Reflection/reflexivity

Scholarship

- Critical thinking
- Reflection/reflexivity
- Writing
- Critiquing ideology

Evidence-informed Practice

- Synergy (practice, administration, research, education)

CONTEXT

World Views/Foundational Perspectives

- Natural science
- Empirical perspectives
- Critical perspectives
- Phenomenological perspectives

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

EVALUATION AND ASSESSMENT:

Assignments	% Of Total Grade
Information Literacy Skills Assignment	10%
Ways of Knowing Assignment	50%
Nursing Theorist/Trailblazer Teaching and Learning Assignment	<u>40%</u>
Total	100%

All written assignments must be completed to achieve a passing grade.

ATTENDANCE AND ASSIGNMENT REQUIREMENTS:

See COTR Nursing Program Admission and Progression Policies.

ADDITIONAL RELEVANT INFORMATION/POLICIES:

1. All learning experiences are mandatory. Students who are unable to attend a scheduled learning event must notify the instructor at the earliest possible opportunity.
 2. Absence from learning experiences, for any reason, may preclude the student being able to meet the requirements for that course. Students who have missed 10% or more of their clinical practice experiences will be evaluated for their eligibility to remain in the program. **(Clinical course only!)**
 3. All assignments must be submitted by the due date. A penalty of 10% per calendar day will be deducted for late assignments. Extensions will be considered on an individual basis when legitimate circumstances support the student's request, provided the extension is negotiated 48 hours in advance of the due date.
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EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

COURSE GRADE:

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	C	F
Mark (Percent)	≥ 95	94-90	89-85	84-80	79-75	74-70	69-65	64-60	< 60

ACADEMIC POLICIES:

See www.cotr.bc.ca/policies for general college policies related to course activities, including grade appeals, cheating and plagiarism.

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor endeavours to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.