



Canoe Guide Certification – MAST 168 Mountain Adventure Skills Training Program

Course Outline

COURSE IMPLEMENTATION DATE: January 2003
OUTLINE EFFECTIVE DATE: September 2019
COURSE OUTLINE REVIEW DATE: March 2024

GENERAL COURSE DESCRIPTION:

Building upon skills learned in Canoe Skills 1 students can be certified at the Day Guide and Expedition guide levels providing they meet the Recreational Canoeing Association of British Columbia standards. The course focuses on: paddling, rescue and teaching skills, group management and dynamics, risk assessment and decision making, meal preparation and hygiene, camping, *Leave No Trace* and interpretive skills. The Expedition Guide Certificate requires solid moving water skills in addition to many other leadership, coaching, communication, camping and environmental skills.

Program Information: The Expedition Guide certificate is intended to give students a solid foundation to build on canoeing skills.

Delivery: This course is delivered face-to-face.

COTR Credits: 2

Hours for this course: 52 hours

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	12
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	40
Other Contact Hours	
Total	52

Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	40
Total	40

Course Outline Author or Contact:

Sarah Osberg, MAST Program Coordinator/Instructor

Signature

APPROVAL SIGNATURES:

Department Head
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Department Head Signature

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Valid from: September 2019– March 2024

Education Council Approval Date

COURSE PREREQUISITES AND TRANSFER CREDIT:

Prerequisites: MAST 144

Corequisites: None

Flexible Assessment (FA): If you are seeking prior credit for this course, evidence of your learning achievement may include:

Credit can be awarded for this course through FA Yes No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

Prior Course Number: MAST 164 Flatwater Canoe Instructor

New Course Number: MAST 164 Canoe Guide Certification

Date changed: June 2018

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Recreational Canoeing Association of British Columbia Instructor Manual, 2017, 6th Ed.

Please see the instructor's syllabus or check COTR's online text calculator

<http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.

LEARNING OUTCOMES:

Upon the successful completion of this course, students will be able to

- lead a group on open lake water (exposure to wind and waves) and on Grade 2; rivers with optional Grade 3 rapids;
 - navigate accurately using a topo map and river guide if available;
 - conduct a pre-trip safety meeting;
 - coach or teach strokes (minimum forward, reverse, draw, pry, J-stroke);
 - lead rescues;
 - demonstrate on-water risk management;
 - cook group meals, clean up, waste management;
 - select and organize a campsite;
 - follow LNT principles;
 - manage groups effectively while coaching paddling skills; and
 - navigate scenarios that require decision making and judgement.
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COURSE TOPICS:

- Communication
- Paddling and Rescue Skills
- Decision Making
- Attitude
- Group Management
- Planning & Punctuality
- Risk Management
- Teamwork
- Interpretive Skills
- Environment/Culture
- Teaching Skills
- Camping Skills
- Cooking Skills
- Navigation

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

EVALUATION AND ASSESSMENT (Face-to-Face Delivery):

Skills Assessment	S	P	W
Communication			
Paddling and Rescue Skills			
Decision Making			
Attitude			
Group Management			
Planning & Punctuality			
Risk Management			
Teamwork			
Interpretive Skills			
Environment/Culture			
Teaching Skills			
Camping Skills			
Cooking Skills			
Navigation			

Assignments	% of Total Grade
<p>Assessment Criteria</p> <p><u>Pass</u> when 2 or fewer weaks are recorded, excluding a weak for Communication or Paddle and Rescue skills</p> <p><u>Conditional Pass</u> when 3 or fewer weaks are recorded, excluding a weak mark for Communication or Paddle and Rescue skills</p> <p><u>Fail</u> when 4 or more weaks are recorded, or a weak mark for Communication or Paddle and Rescue skills</p>	100%

Please see the instructor's syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, and use of electronic aids.

EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

COURSE GRADE:

COM	Completed to defined standard as set above
NCG	No Credit Granted

ACADEMIC POLICIES:

See www.cotr.bc.ca/policies for general college policies related to course activities, including grade appeals, cheating and plagiarism.

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor will endeavour to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.