



Alpine Ski/Snowboard Instructor Certification – MAST 147

Mountain Adventure Skills Training Program

Course Outline

COURSE IMPLEMENTATION DATE: January 2003
OUTLINE EFFECTIVE DATE: September 2022
COURSE OUTLINE REVIEW DATE: March 2027

GENERAL COURSE DESCRIPTION:

The Level 1 Courses combine the basics of practical teaching methods, technical understanding and development of guest service skills. Candidates receive coaching on their riding, teaching and people skills with the goal of reaching the Level 1 standard. They also receive suggestions and strategies for long-term development. Level 1 is a pre-requisite for Level 2. The alpine skiers take the CSIA Alpine Ski Instructor Level 1 Certification course. The snowboarders take the CASI Snowboard Instructor Level 1 Certification course.

Program Information: This course is required for completion of the MAST certificate.

Delivery: This course is delivered face-to-face.

COTR Credits: 2

Hours for this course: 32 hours

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	32
Other Contact Hours	
Total	32

Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other: Field Experience	32
Total	32

Course Outline Author or Contact:

Sarah Osberg, BEd, MSc.

Signature

APPROVAL SIGNATURES:

Department Head
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Department Head Signature

Dean Signature

EDCO

Valid from: September 2022 – March 2027

Education Council Approval Date

COURSE PREREQUISITES AND TRANSFER CREDIT:

Prerequisites: None

Corequisites: None

Flexible Assessment (FA): If you are seeking prior credit for this course, evidence of your learning achievement may include:

1. CSIA Alpine Ski Instructor Level 1 or a higher level certification with CSIA. Must be current; Or,
2. CASI Snowboard Instructor Level 1 or a higher level certification with CASI. Must be current.

Credit can be awarded for this course through FA Yes No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit.

Students should also contact an academic advisor at the institution where they want transfer credit.

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

All necessary materials will be provided.

Please see the instructor's syllabus or check COTR's online text calculator <http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.

LEARNING OUTCOMES:

Upon the successful completion of this course, students will be able to

- achieve Level 1 Instructor Certification for either alpine skiing or snowboarding.

This course should also help students

- improve teaching skills;
 - improve interpersonal communication;
 - develop group management skills;
 - develop hazard evaluation skills; and
 - develop critical thinking skills.
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COURSE TOPICS:

- Review Course outline and Performance criteria
- Video: Level 1 Standards
- Workshop – Basic Skiing Competencies
- Video: Skiing Competencies
- Ski improvement understanding the skiing skills through individual skill development
- Guest service exercise
- Ski improvement with a tactical approach
- Technique – The Canadian Approach
- Canadian Ski Teaching (Chapter 1 of the CSIA manual)
- Fast Track to Parallel – Methodology and Teaching Children
- Professionalism, Roles and Responsibilities
- Safety and Risk Management
- Alpine Responsibility Code
- Tactics for all age
- Teaching Workshops – Developing the guest experience
- Free Tactics – Fun development session

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

EVALUATION AND ASSESSMENT (Face-to-Face Delivery):

Assignments	% Of Total Grade
Meeting passing criteria as set by the certifying body, CASI, CSIA Canadian Alpine Ski Instructors Alliance Canadian Snowboard Instructors Alliance	100%

Please see the instructor's syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and use of electronic aids.

EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

COURSE GRADE:

COM	Completed to defined standard as set by CSIA and CASI
NCG	No Credit Granted

ACADEMIC POLICIES:

See www.cotr.bc.ca/policies for general college policies related to course activities, including grade appeals, cheating and plagiarism.

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor will endeavour to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.