



Guiding and Leadership - MAST 119 Mountain Adventure Skills Training Program

Course Outline

COURSE IMPLEMENTATION DATE: January 2003
OUTLINE EFFECTIVE DATE: September 2022
COURSE OUTLINE REVIEW DATE: March 2027

GENERAL COURSE DESCRIPTION:

This course involves an exploration of leadership and effective practice of theories and concepts of teaching, guiding and learning in an outdoor setting. Students examine leadership models, group and individual facilitation and the importance of communication while building a blue print of their own personal leadership philosophy and abilities. Other topics include certification standards, log book requirements and legal parameters.

Program Information: This course is required for MAST certificate completion.

Delivery: This course is delivered face-to-face.

COTR Credits: 3

Hours for this course: 45 hours

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	40
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	5
Other Contact Hours	
Total	45

Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	
Formal Work Experience	
Other: Field Experience	5
Total	5

Course Outline Author or Contact:

Sarah Osberg, BEd, MSc.

Signature**APPROVAL SIGNATURES:**

Department Head
Erin Aasland Hall
E-mail: aaslandhall@cotr.bc.ca

Dean of Business and University Studies
Darrell Bethune
E-mail: bethune@cotr.bc.ca

Department Head Signature_____
Dean Signature

EDCO

Valid from: September 2022 – March 2027

Education Council Approval Date**COURSE PREREQUISITES AND TRANSFER CREDIT:****Prerequisites:** None**Corequisites:** None**Flexible Assessment (FA):** If you are seeking prior credit for this course, evidence of your learning achievement may include:

- An interview to assess your knowledge of leadership
- Letters of reference from employers/co-workers in the Adventure Tourism field
- A video tape sample of your leadership skills, working with co-workers, conflict resolution and communication skills
- Demonstration of leadership and communication skills in front of a group

Credit can be awarded for this course through FA

 Yes No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

Prior Course Number: MSTA 119 Leadership

New Course Number : MAST 119 Guiding and Leadership
Date changed: March 2009

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Mountaineering Freedom of the Hills, 8th Ed. The Mountaineers, 2010.

Please see the instructor's syllabus or check COTR's online text calculator <http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.

LEARNING OUTCOMES:

Upon the successful completion of this course, students will be able to

- discuss the scope and breadth of effective interpersonal and leadership skills, strategies, roles and responsibilities required of a practitioner;
 - understand theories of motivation, communication, group dynamics, team development, collaboration, power, decision making and conflict resolution;
 - demonstrate leadership knowledge in a variety of adventure based settings;
 - reflect on and record personal leadership abilities, development and self-analysis;
 - demonstrate the importance of effective interpersonal communication;
 - demonstrate effective and consistent trip planning procedures;
 - describe and discuss issues surrounding the structure and legalities of log books in the Adventure Tourism Industry; and
 - develop a personal log book: Record activities, courses, certification and expeditions for personal and employment considerations.
-

COURSE TOPICS:

- Foundations of Leadership
- Working with Groups
- Leadership Communication Skills
- Log Book Development

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

EVALUATION AND ASSESSMENT (Face-to-Face Delivery):

Assignments	% Of Total Grade
– Attendance & Participation	10%
Food Planning Project	15%
Leadership Self-Assessment	15%
Log Book	10%
Multi-Day Trip Plan	25%
Facilitating Learning Lesson	<u>25%</u>
Total	100%

Please see the instructor's syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and use of electronic aids.

EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

COURSE GRADE:

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	C	C-	D	F
Mark (Percent)	≥ 90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	< 50

A grade of "D" grants credit, but may not be sufficient as a prerequisite for sequential courses.

ACADEMIC POLICIES:

See www.cotr.bc.ca/policies for general college policies related to course activities, including grade appeals, cheating and plagiarism.

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor will endeavour to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.