



Indigenous Peoples' Family Support Studies – INDG 240

University Studies Program

Course Outline

COURSE IMPLEMENTATION DATE:	January 2008
OUTLINE EFFECTIVE DATE:	September 2023
COURSE OUTLINE REVIEW DATE:	March 2028

GENERAL COURSE DESCRIPTION:

This course focuses on Indigenous Peoples' lived experiences in becoming "family". Students explore natural helping-networks inherent to Indigenous Peoples' place based knowledge, relationships and experiences. Impacts from more recent and ongoing colonial systems through assimilation policies and practices over time are approached to support students in appreciating how they can assist in providing culturally appropriate family support, promoting family wellness and safe environments for all through their own professional practices.

Program Information: This course is required in the AESW program and is an elective in other College programs. Refer to the College online guide for more information.

Delivery: This course is delivered face to face and online.

COTR Credits: 3

Hours for this course: 45 hours

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	45
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	
Other Contact Hours	
Total	45

Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	
Formal Work Experience	
Other	
Total	

Course Outline Author or Contact:

Michele A Sam, MSW

Signature

APPROVAL SIGNATURES:

Department Head

Erin Aasland Hall

E-mail: aaslandhall@cotr.bc.ca

Dean of Business and University Studies

Stephanie Wells

E-mail: SWells2@cotr.bc.ca

Department Head Signature

Dean Signature

EDCO

Valid from: September 2023- March 2028

Education Council Approval Date

COURSE PREREQUISITES AND TRANSFER CREDIT:**Prerequisites:** INDG 101, INDG 105 or INDG 120**Corequisites:** None**Prior Learning Assessment (FA):**

Credit can be awarded for this course through FA

☒ Yes ☐ No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

Prior Course Number: SOCI 240**Date changed:** March 2021

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Course readings and resources available online.

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

LEARNING OUTCOMES:

Upon the successful completion of this course, students will be able to

- describe the strength and cohesion of Indigenous Peoples' as families and communities;
 - discuss the value and importance of Indigenous Peoples' natural helping networks and cultural frameworks;
 - examine the differences between mainstream and Indigenous family support and child protection;
 - explain the inter-generational effects caused by government assimilation policies of forced child removal on Indigenous families and communities;
 - assess regional (Place Based) resources, "Best Practices" and models of supports available for Indigenous families; and
 - plan and construct a Personal Practice Model.
-

COURSE TOPICS:

- WEIRD Culture and Biases, Assumptions and Prejudices
- Cultural concepts of Family and Being Human
- Systems of Trauma
- Neuro-Cognitive Development, Spirituality and Intergenerational Experiences
- Indigenous perspectives on Family Health and Wellness
- Environments and Community: Strength and Cohesion
- Needs and Challenges specific to Indigenous Parents and Caregivers
- Family Support Models and NEXT "Best Practice"
- Working in a Cross-cultural Environment
- Federal and Provincial legislation
- Reserve systems; Residential schools; "the 60s" and "millennial" Scoops and current Indigenous child welfare system).

See instructor's syllabus for the detailed outline of weekly focused course readings, activities and assignments.

EVALUATION AND ASSESSMENT:

Assignments	% Of Total Grade
Leadership and Participation in Discussions	25%
Reflective Journals	30%
Research Paper	15%
Personal Practice Model	<u>30%</u>
Total	100%

Please see the instructor's syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, and use of electronic aids.

Students must complete all required assignments and examinations in order to pass the course.

EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

COURSE GRADE:

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	C	C-	D	F
Mark (Percent)	≥ 90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	< 50

A grade of "D" grants credit, but may not be sufficient as a prerequisite for sequential courses.

ACADEMIC POLICIES:

See www.cotr.bc.ca/policies for general college policies related to course activities, including grade appeals, cheating and plagiarism.

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment, and marketing needs. The instructor endeavours to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.