



Human Service Worker Citation (HSWC)

Program Outline

PROGRAM IMPLEMENTATION DATE: September 2010
 OUTLINE EFFECTIVE DATE: September 2021
 PROGRAM OUTLINE REVIEW DATE: April 2026

GENERAL PROGRAM DESCRIPTION:

The Citation in Human Service Work (HSWC) offers potential students in the human/social services field, who do not qualify academically for entrance into the HSW Diploma, a way to take part in post-secondary education related to their employment. Human service employees are hired locally and across the country in careers that support individuals and families managing physical and cognitive disabilities, mental health concerns, addictions, and other risk related issues.

Program Information:

General skills developed: Specific skills and knowledge for employment with populations at risk; for example, children and youth with mental health and addictions issues. Other skills developed in this program are conflict resolution and crisis intervention, plus skills and knowledge related to adolescent developmental concerns.

Program Completion and employment opportunities: Citation students who are already employed in the social services will be able to pursue employment in more specialized areas providing direct interventions to client groups and individuals where appropriate. The HSW Diploma/Citation level courses have been developed in response to community needs and have proven to be well accepted by previous graduates and their employers.

Delivery: This program is delivered online

COTR Credits: 15

Hours for this program: 225

Year I

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	225
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	
Other Contact Hours	
Total	225

Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	N/A
Total	N/A

Program Outline Author or Contact:

Tara Ramdin, MA

Signature

APPROVAL SIGNATURES:

Department Head
Sandi Hill
E-mail: shill@cotr.bc.ca

Dean of Health and Human Services
Heather Hepworth
E-mail: hepworth@cotr.bc.ca

Department Head Signature

Dean Signature

EDCO

Valid from: September 2021 – April 2026

Education Council Approval Date

PROGRAM PREREQUISITES AND TRANSFER CREDIT:

Admission Requirements: Grade 12 graduation with a minimum of C+ in English 12, ENGL 090 or 091, or First Nations English 12 or assessment to acceptable level to determine eligibility
Current or previous employment in the human/social service field is recommended.
Coordinator permission is accepted in special circumstances.

Flexible Assessment (FA):

Credit can be awarded for this course through FA

Yes No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

Human Service Worker Citation

Fall Semester:	Credits	Hours Lecture / Lab
HSWR 211 Conflict Resolution	3	45
HSWR 212 Crisis Intervention	3	45
Winter Semester:	Credits	Hours Lecture / Lab
HSWR 213 Child and Youth Mental Health	3	45
HSWR 215 Issues in Adolescence	3	45
Spring Semester:	Credits	Hours Lecture / Lab
HSWR 214 Introduction to Addiction	3	45

Total Requirement: 15 Credits

COURSE GRADE:

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	C	F
Mark (Percent)	≥ 90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	< 60

COURSE DESCRIPTIONS:

HSWR 211 - Conflict Resolution (Fall online)

This course provides students with an introduction to the theory, process, and skills of conflict resolution in child, youth, and family related conflicts. The course will introduce students to the core elements of conflict, restorative justice, mediation, and negotiation, and will provide the opportunity for students to develop skills for negotiating personal and professional disputes.

Prerequisite: ECE, HSW or EA Certificate or permission from instructor or enrolment in HSW citation.

HSWR 212 - Crisis Intervention (Fall online)

This course provides the student with an introduction to the theory and practical day to day procedures of crisis intervention. Students may be exposed to crisis topics common to a variety of helping profession disciplines, including counseling, education, and social work.

Prerequisite: ECE, HSW or EA Certificate or permission from instructor or enrolment in HSW citation.

HSWR 213 - Introduction to Mental Health Issues in Children and Youth (Winter Online)

This course uses a strengths-based approach to working with children and youth with mental health concerns. This course introduces students to the most commonly diagnosed mental illnesses, the direction for interventions, and the professionals presently working in the mental health field.

Prerequisite: ECE, HSW or EA Certificate or permission from instructor or enrolment in HSW citation.

HSWR 214 - Introduction to Addictions (Spring Online)

This course provides the learner with an overview of current practice, theories and models in the field of substance use. Topics include: models of addiction, assessment, intervention and treatment for alcohol and other drug abuse; the impact of substance use on the individual, family and society in general; and ethical issues and challenges for practitioners.

Prerequisite: ECE, HSW or EA Certificate or permission from instructor or enrolment in HSW citation.

HSWR 215 - Issues in Adolescence (Winter Online)

This course introduces students to the contemporary study of adolescence from a lifespan perspective. It explores the challenges and the strengths of adolescence along with the ways this knowledge can be applied to support healthy development among the diversity of young people in this period of life.

Prerequisite: ECE, HSW or EA Certificate or permission from instructor or enrolment in HSW citation.