



Healing 2: Caring for Individuals Experiencing Cognitive or Mental Challenges – HCA 106

Health Care Assistant Program

Course Outline

COURSE IMPLEMENTATION DATE: September 2009
OUTLINE EFFECTIVE DATE: November 2021
COURSE OUTLINE REVIEW DATE: March 2026

GENERAL COURSE DESCRIPTION:

This course builds on content from other courses to assist students to explore concepts and care giving approaches that allow the student to work effectively with individuals experiencing cognitive or mental challenges. The emphasis in this course is on supporting clients with dementia, recognizing responsive behaviors and identifying person-centered intervention strategies.

Program Information: This course is one of the seven courses offered in the first semester of the Health Care Assistant Program. Satisfactory completion of this course is required to progress into Semester 2 of the program.

Delivery: This course is delivered face to face and online (synchronous/asynchronous).

COTR Credits: 4

Hours for this course: 60 hours

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	60
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	
Other Contact Hours	
Total	60

Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	N/A
Total	

Other Contact Hours

- Lecture hours may be offered online.

Course Outline Author or Contact:

Cheryl Mackie, RN, BN, MHScN

Signature

APPROVAL SIGNATURES:

Department Head
Sandi Hill
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Acting Dean of Health and Human Services
Norma Sherret
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Department Head Signature

Dean Signature

EDCO

Valid from: November 2021 – March 2026

Education Council Approval Date

COURSE PREREQUISITES AND TRANSFER CREDIT:

Prerequisites: None

Corequisites: HCA 101, HCA 102, HCA 103, HCA 104, HCA 105, HCA 107

Flexible Assessment (FA):

Credit can be awarded for this course through FA

Yes No

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

Prior Course Number: N/A

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Sorentino, S.A., Remmert, L., & Wilk, M.J. (2018). *Mosby's Canadian Textbook for the Support Worker*. 4th Canadian Edition. Toronto, Canada: Elsevier.

Health Care Assistant Student Guide – *Healing 2: Caring for Individuals Experiencing Cognitive or Mental Challenges* – HCA 106

Please see the instructor's syllabus or check COTR's online text calculator <http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.

LEARNING OUTCOMES:

Upon the successful completion of this course, students will be able to

- describe ways to organize, administer and evaluate person-centered care and assistance for clients experiencing cognitive health challenges (dementia);
 - describe ways to organize, administer and evaluate person-centered care and assistance for clients experiencing mental health challenges (other than dementia);
 - demonstrate an understanding of effective approaches to disruptive or abusive behavior;
 - describe types of abuse/abusive relationships and the cycle of abuse; and
 - describe when to exit a potentially unsafe or abusive situation.
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COURSE TOPICS:

- Cognitive Challenges in Older Adults
- Confusion and Dementia
- Common Causes of Reversible Changes in Mental Functioning
- Forms and Causes of Various Dementias
- Philosophies and Models of Care
- Stages of Dementia
- Importance of Life Review
- Myths and Stigmas Associated with Dementia
- Effective Communication Strategies for Clients with Dementia
- Assessing Situations and Individuals
- Responsive Behaviours
- Environment and Behaviours
- Activities for Individuals Experiencing Different Levels of Dementia.
- Care Giver Needs and Supports/Supporting Family Members Experiencing Grief and Loss
- Abuse
- Mental Health Challenges
- Cultural Differences in Perceptions of Mental Health Challenges and Dementia
- Caring for the Person and Family
- Suicide Risk and Prevention
- Unsafe Situations
- Implications of Involuntary Admission Under the Mental Health Act

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

EVALUATION AND ASSESSMENT Face-to-Face:

Assignments	% Of Total Grade
Midterm Exam	30%
Assignments	40%
Final Exam	<u>30%</u>
Total	100%

Please see the instructor's syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and use of electronic aids.

EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

COURSE GRADE:

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	F
Mark (Percent)	≥ 95	94-90	89-85	84-80	79-75	74-70	< 70

ACADEMIC POLICIES:

See www.cotr.bc.ca/policies for general college policies related to course activities, including grade appeals, cheating and plagiarism.

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor endeavours to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.