



Lifespan Development – CYFS 116

Child, Youth and Family Studies Program

Course Outline

COURSE IMPLEMENTATION DATE: September 2012
OUTLINE EFFECTIVE DATE: September 2020
COURSE OUTLINE REVIEW DATE: April 2025

GENERAL COURSE DESCRIPTION:

This course explores the development of humans from conception to death. It includes physical, cognitive and psychosocial developmental domains. Students preparing to work in careers that involve other people need to clearly understand the complex, dynamic process of development throughout a person's lifespan. This knowledge can provide students with insight into their own development and the development of those they will encounter in their personal and professional lives.

Program Information: This is a core course required to complete any of the Child, Youth, and Family Studies Certificate Programs. This is also a required course for the Aboriginal Education Support Worker Diploma Program.

Delivery: This course is delivered in a hybrid format (45 hours face-to-face and 15 hours online) and in a fully online format.

COTR Credits: 4

Hours for this course: 60 hours

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	60
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	
Other Contact Hours	
Total	60

Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	N/A
Total	

Course Outline Author or Contact:

Tara Ramdin, BA, MA

Signature

APPROVAL SIGNATURES:

Department Head
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Department Head Signature

Dean Signature

EDCO

Valid from: September 2020 – April 2025

Education Council Approval Date

COURSE PREREQUISITES AND TRANSFER CREDIT:

Prerequisites: Minimum 65% in either English 12, English Studies 12, English First Peoples 12, ENGL 090, or equivalent (refer to Course Equivalency Information on the College Website)

Corequisites: None

Flexible Assessment (FA):

Credit can be awarded for this course through FA Yes No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

Transfer Credit: For transfer information within British Columbia, Alberta, and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

Prior Course Number: CYFS 106 and HSWR 107 ⇔⇔ CYFS 116
Date changed: September 2010

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Rathus, S., Longmuir, S., Berk, L, & Rogerson, R. (2018). *HDEV*. (3rd Canadian ed.). Toronto, ON: Nelson Publishing.

Haig, J., & MacMillan, V. (2018). *Cites & sources: An APA documentation guide* (5th ed.). Toronto, ON: Nelson Publishing.

Please see the instructor's syllabus or check COTR's online text calculator <http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.

LEARNING OUTCOMES:

Upon the successful completion of this course, students will be able to

- evaluate Eurocentric and Indigenous theories of development;
 - implement multicultural/anti-bias strategies that value diversity and inclusiveness;
 - analyze necessary components of a healthy, safe and stimulating environment for the prenatal period;
 - analyze optimal growth and development during the infant and toddler stages;
 - discuss the potential impact of early intervention programs on healthy development across the lifespan;
 - demonstrate activities and strategies for optimizing growth and development during preschool years;
 - demonstrate activities and strategies for optimizing development during middle childhood;
 - analyze necessary components of a healthy, safe and stimulating environment during adolescence;
 - analyze necessary components of a healthy, safe and stimulating environment during adulthood;
 - evaluate theories and effects of death and dying on individuals and families; and
 - demonstrate cultural competence through the use of a world view that acknowledges personal bias, individual values and cultural histories.
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COURSE TOPICS:

- History, issues and methods of lifespan development
- Research theories of development
- Heredity and environment
- Physical development over the lifespan
- Cognitive development over the lifespan
- Emotional development over the lifespan
- Social development over the lifespan

- Health and Health Habits
- Social Roles
- Development of Roles
- Work and Retirement
- Stress and Resistance
- Death and Dying

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

EVALUATION AND ASSESSMENT:

Assignments	% Of Total Grade
Assignments	60%
Class Activities	20%
Exams	<u>20%</u>
Total	100%

Please see the instructor's syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and use of electronic aids.

EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

COURSE GRADE:

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	C	F
Mark (Percent)	≥ 90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	< 60

ACADEMIC POLICIES:

Late Policy: Assignments received up to one week past their due date will receive a penalty of 10%. Assignments received after the first week late will not be marked and the student will receive a zero for that assignment. Weekly discussion forums must be completed in the designated week and late

postings will not be marked. Note that no assignments will be accepted after the last day of the semester.

See www.cotr.bc.ca/policies for general college policies related to course activities, including grade appeals, cheating and plagiarism.

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor endeavours to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.