

## Guiding Across the Lifespan – CYFS 103

### Child, Youth and Family Studies Program

### Course Outline

<b>COURSE IMPLEMENTATION DATE:</b>	<b>June 2006</b>
<b>OUTLINE EFFECTIVE DATE:</b>	<b>September 2020</b>
<b>COURSE OUTLINE REVIEW DATE:</b>	<b>April 2025</b>

#### GENERAL COURSE DESCRIPTION:

This course focuses on effective ways to guide and understand the needs and behaviours of children, youth and adults. Learners will also explore the influences that inform their own behaviour and reflect on how these influences impact their understanding of themselves. A variety of theoretical, developmental and experiential perspectives will be explored.

**Program Information:** CYFS 103 is a required course for the Child, Youth and Family Studies Program: Early Childhood Education, Education Assistant and Human Service Worker.

**Delivery:** This course is delivered in a hybrid format (45 hours face-to-face and 15 hours online) and in a fully online format (60 hours online).

**COTR Credits:** 4

**Hours for this course:** 60 hours

#### Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	60
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	
Other Contact Hours	
<b>Total</b>	60

#### Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	N/A
<b>Total</b>	N/A

**Course Outline Author or Contact:**

Lynn Wood, BA

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Signature

**APPROVAL SIGNATURES:**

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Department Head Signature

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Dean Signature

EDCO

Valid from: September 2020 – April 2025

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Education Council Approval Date

**COURSE PREREQUISITES AND TRANSFER CREDIT:**

**Prerequisites:** Minimum 65% in either English 12, English Studies 12, English First Peoples 12, ENGL 090, or equivalent (refer to Course Equivalency Information on the College Website)

CYFS 102: Observing & Recording

**Flexible Assessment (FA):**

Credit can be awarded for this course through FA  Yes  No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

**Transfer Credit:** For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

**Prior Course Number:** CYFS 103 ⇔ ⇔ ECED 150 ⇔ ⇔ CYFS 103  
**Date changed:** December 2014

## Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Marion, M. (2019). *Guidance of young children* (10<sup>th</sup> ed). Pearson Inc. Upper Saddle River, New Jersey.

Haig, J., Raikes, G. & MacMillan, V. (2018). *Cites and sources: An APA documentation guide* (5<sup>th</sup> ed.). Toronto, Ontario: Nelson Publishing.

Please see the instructor's syllabus or check COTR's online text calculator <http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.

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## LEARNING OUTCOMES:

Upon the successful completion of this course, students will be able to

- recognize their own values and beliefs and identify the impact of influences such as culture and lived experiences, as it shapes their own needs and personal behaviours;
  - demonstrate knowledge of various theoretical perspectives related behaviour change through practical application in the course;
  - develop, implement and evaluate a plan to change a behaviour;
  - choose and implement positive and authoritative guiding strategies for a variety of individuals, cultures, environments and situations;
  - develop strategies to assist individuals in managing stress;
  - identify and apply components of prosocial skills, self-regulation and social emotional development;
  - develop, implement and evaluate a plan to teach someone a prosocial skill;
  - integrate strategies to promote and enhance self-esteem;
  - reflect on personal change experiences and apply this awareness to support individuals engaging in behaviour change; and
  - identify and recognize the factors that foster, build and strengthen resilience.
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**COURSE TOPICS:**

- Framing behaviour in positive terms
- Strategies to support positive behaviour change across the lifespan
- Caregiving/teaching/parenting styles
- Environments
- Understanding challenging behaviours
- Prosocial skills
- Resilience and stress
- Self-esteem
- Self-reflection
- Theoretical perspectives
- Social competence
- Direct and indirect guidance

*See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.*

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**EVALUATION AND ASSESSMENT: Face-to-Face and Online Delivery**

<b>Assignments</b>	<b>% Of Total Grade</b>
Discussion Activities	30%
Personal Change Assignment	25%
Case Study Assignment	15%
Prosocial Skill Teaching Assignment	10%
Quizzes	<u>20%</u>
Total	100%

*Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, and use of electronic aids.*

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**EXAM POLICY:**

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

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## COURSE GRADE:

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	C	F
Mark (Percent)	≥ 90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	< 60

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## ACADEMIC POLICIES:

Late Policy: Assignments received up to one week past their due date will receive a penalty of 10%. Assignments received after the first week late will not be marked and the student will receive a zero for that assignment. Weekly discussion forums must be completed in the designated week and late postings will not be marked. Note that no assignments will be accepted after the last day of the semester

See [www.cotr.bc.ca/policies](http://www.cotr.bc.ca/policies) for general college policies related to course activities, including grade appeals, cheating and plagiarism.

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## COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor will endeavour to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.