



## Backpacking Level 2 - ATBO 221

### Adventure Tourism Business Operations Program

### Course Outline

COURSE IMPLEMENTATION DATE: April 2007  
OUTLINE EFFECTIVE DATE: September 2018  
COURSE OUTLINE REVIEW DATE: April 2023

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#### GENERAL COURSE DESCRIPTION:

This course continues to build on the skills and knowledge developed in ATBO 121 Backpack Level 1. The hiking conditions are more challenging, and students learn the skills necessary to lead backpacking trips in the wilderness. This course is designed to prepare students for the ACMG day Hiking and Backpacking Guide exams.

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**Program Information:** This course is a required course of the Adventure Tourism Business Diploma program. It is typically taken in the second year of ATBO studies.

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**Delivery:** This course is delivered face to face.

**COTR Credits:** 2

**Hours for this course:** 48 hours

#### Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	
Seminars / Tutorials	16
Laboratory / Studio Hours	
Practicum / Field Experience Hours	32
Other Contact Hours	
<b>Total</b>	48

#### Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	N/A
<b>Total</b>	

**Course Outline Author or Contact:**

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Signature

**APPROVAL SIGNATURES:**

Department Head  
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Department Head Signature

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EDCO

Valid from: September 2018 – April 2023

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Education Council Approval Date

**COURSE PREREQUISITES AND TRANSFER CREDIT:**

**Prerequisites:** ATBO 121

**Corequisites:** None

**Flexible Assessment (FA):**

Credit can be awarded for this course through FA

Yes  No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

**Transfer Credit:** For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>

Students should also contact an academic advisor at the institution where they want transfer credit.

**Prior Course Number:** N/A

## **Textbooks and Required Resources:**

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

### **Suggested Reading:**

O'Bannon, Allen & illustrations by Chelland, Mike; *Allen & Mike's really cool Backpackin' book*

Topographical Maps – 1:50,000 82N3 Mount Wheeler

*Please see the instructor's syllabus or check COTR's online text calculator*

*<http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.*

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## **LEARNING OUTCOMES:**

Upon the successful completion of this course, students will be able to

- plan and prepare for a back packing expedition;
  - navigate off trail in the mountain environment;
  - be competent in lightweight wilderness travel techniques;
  - use good leadership techniques to manage a hiking group;
  - make sound decisions in the mountain environment; and
  - meet the prerequisites to enter into the ACMG Day Hiking Guide exam.
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## **COURSE TOPICS:**

### **Movement Skills**

- Hiking in Mountain Terrain
- Pacing, Fitness

### **Technical and Safety Skills**

- Trip Preparation, Food and Equipment Planning
- Route Planning and Navigation
- Mountain Awareness, Terrain, Weather
- Wilderness Camping, Including Bear Awareness

### **Leadership Skills**

- Client Care
- Group Management
- Judgement and Decision Making

*See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.*

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## EVALUATION AND ASSESSMENT:

Competency Based Skills Evaluation	% Of Total Grade
Movement Skills	30%
Technical and Safety Skills	40%
Leadership Skills	<u>30%</u>
Total	100%

*Please see the instructor's syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, and use of electronic aids.*

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## EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

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## COURSE GRADE:

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	C	C-	D	F
Mark (Percent)	≥ 90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	< 50

A grade of "D" grants credit, but may not be sufficient as a prerequisite for sequential courses.

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## ACADEMIC POLICIES:

See [www.cotr.bc.ca/policies](http://www.cotr.bc.ca/policies) for general college policies related to course activities, including grade appeals, cheating and plagiarism.

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## COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor will endeavour to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.