



White Water Kayaking Level 1 - ATBO 131

Adventure Tourism Business Operation Program

Course Outline

COURSE IMPLEMENTATION DATE: April 2007
OUTLINE EFFECTIVE DATE: September 2019
COURSE OUTLINE REVIEW DATE: April 2024

GENERAL COURSE DESCRIPTION:

This course is designed to introduce and develop white water kayak skills and develop confidence and self-reliance in the whitewater environment. Students are educated in equipment design and selection, trip preparation, evaluation of hazards, conservative decision-making and leadership in the sport of white water kayaking. Instruction begins on flat water, and then moves to grade 1 white water as student skill levels increase. As skills are further developed, students will progress to grade 2 white water and potentially on to grade 3 white water if appropriate for the student.

Program Information: This course is an elective course of the Adventure Tourism Business Diploma program. It is typically taken in the first year of ATBO studies.

Delivery: This course is delivered face-to-face.

COTR Credits: 2

Hours for this course: 48 hours

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	48
Other Contact Hours	
Total	48

Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	N/A
Total	

Course Outline Author or Contact:

Dave Wan, BSci, MA

Signature

APPROVAL SIGNATURES:

Department Head
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Department Head Signature

Dean Signature

EDCO

Valid from: September 2019 – April 2024

Education Council Approval Date

COURSE PREREQUISITES AND TRANSFER CREDIT

Prerequisites: Students must be 19 years old to take this course

Corequisites: ATBO 106

Flexible Assessment (FA):

Credit can be awarded for this course through FA

Yes No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

Prior Course Number: N/A

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Suggested Reading:

Whiting, Ken and Varette, Kevin, *The Ultimate Guide to Whitewater Kayaking*, Heliconia Press

Please see the instructor's syllabus or check COTR's online text calculator

<http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.

LEARNING OUTCOMES:

Upon the successful completion of this course, students will be able to

- demonstrate the differences in boat and paddle design and construction, and be able to select appropriate equipment for a variety of people, and a variety of river trips;
 - speak knowledgeably on clothing, boating accessories and safety equipment and discuss current sport and industry trends;
 - choose an appropriate white water section of a river to suit the level of those on a particular paddling trip;
 - show that all the proper and adequate equipment is being used by all members of the group when river running;
 - demonstrate the different paddle strokes for controlling your white water kayak;
 - demonstrate how to read and understand the white water environment, and apply that knowledge to the decisions they make as they kayak on white water; and
 - present paddling enjoyment through safety skills and knowledge gained from this course.
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COURSE TOPICS:

Movement skills – Kayak strokes

– Kayak roll

– White water techniques

Technical and safety skills – Kayak equipment

– The white water environment

Leadership Skills – Trip preparation

– Judgement and decision making

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

EVALUATION AND ASSESSMENT:

Competency Based Skill Development	% Of Total Grade
Movement Skills	50%
Technical and safety skills	30%
Leadership Skills	<u>20%</u>
Total	100%

Please see the instructor's syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, and use of electronic aids.

EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

COURSE GRADE:

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	C	C-	D	F
Mark (Percent)	≥ 90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	< 50

A grade of "D" grants credit, but may not be sufficient as a prerequisite for sequential courses.

ACADEMIC POLICIES:

See www.cotr.bc.ca/policies for general college policies related to course activities, including grade appeals, cheating and plagiarism.

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor will endeavour to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.